

This is to certify that

Ophelie Frank

**has attended, in its entirety,
the following activity sponsored by the Center for Mindful Self-Compassion**

**MSC Teacher Training Practicum
January 25 – March 29, 2021**

Ophelie Frank is now authorized to teach the 8-week Mindful Self-Compassion program.



Steve Hickman, CMSC Executive Director

With Practicum Teacher Trainers:
Inken Dechow, Dominique Retoux and Christine
Braehler



**Center for
Mindful Self-Compassion**